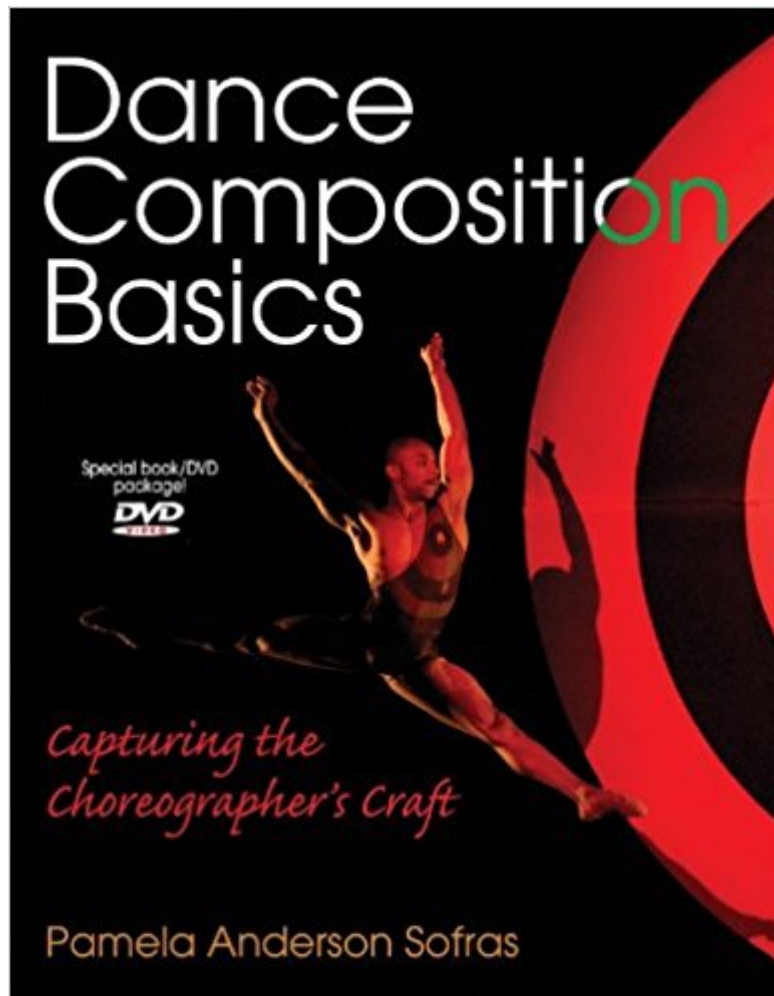




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# Dance Composition Basics: Capturing The Choreographer's Craft



## Synopsis

Text instruction can go only so far in teaching how to create dances. Dance Composition Basics picks up where other textbooks leave off, with a bound-in DVD that features professional choreographers and dancers in action. Designed for beginning college-level dance composition courses and dance educators at the middle and high school levels, this textbook and DVD package highlights selected portions of original dance compositions by two noted choreographers. The works of Alonzo King (Chants and Dreamer) and Dwight Rhoden (Verge) are recorded and analyzed to sequence the choreographic process. Students are able to witness a progression that takes them from conceiving and refining an idea to improvising and solving movement problems to shaping and performing dances. The methods featured in Dance Composition Basics can be applied to a variety of dance styles including ballet, modern, and jazz. Each of the 27 lessons serves as a starting point that encourages novice dancers to embark on their own attempts at choreography with more confidence. Structured to present concepts from simple to complex, the chapters cover the body, space, time, energy, and choreographic devices. Each chapter is divided into lessons based on the dance element or concept highlighted. The lessons challenge students to create solo, duet, trio, and group works. Each lesson includes the following components: -One choreographic concept-Video documentation of the choreographic concept-Vocabulary words-Introductory statement-Warm-up-Structured improvisations-Creative choreographic problems-Questions for discussion-Assessment rubrics

The DVD supplements the written instruction in a progression that no textbook alone could achieve. It shows dancers as they solve movement problems, and it shows choreographers as they mold their works from conception to stage performance. DVD footage also captures the decision-making and problem-solving tactics used by each choreographer. With these concrete examples, students can form a basis of comparison when completing their own assignments. Dance Composition Basics is a practical introduction to the methods and tools used in composing dances that engages students in the process—•the preferred method of learning and teaching dance composition today. Through real-world examples, this text and DVD package demonstrates the direct relationship of the activities learned in the dance composition class to the current practices used by professional choreographers.

## Book Information

Paperback: 184 pages

Publisher: Human Kinetics; Pap/DVD edition (January 20, 2006)

Language: English

ISBN-10: 0736055320

ISBN-13: 978-0736055321

Product Dimensions: 8.5 x 0.4 x 11 inches

Shipping Weight: 1.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 5 customer reviews

Best Sellers Rank: #274,786 in Books (See Top 100 in Books) #66 in [Books > Textbooks > Humanities > Performing Arts > Dance](#) #195 in [Books > Arts & Photography > Performing Arts > Dance](#) #1446 in [Books > Arts & Photography > Performing Arts > Theater](#)

## Customer Reviews

Pamela Anderson Sofras, MEd, is a professor of dance and dance education at the University of North Carolina. She has 30 years of experience teaching dance at the university level and has taught and developed courses in modern dance technique, composition, dance education methods, and student teaching. From 1978 to 1990, she was affiliated with the American Dance Festival as a faculty member. She served as assistant, associate dean, and founding director of the Young Dancer's School of the American Dance Festival. Sofras was part of a team of educators who wrote dance education guidelines for training K-12 dance teachers for the public schools of North Carolina. She has also developed curriculum materials, supported by state and national grants, for professional arts organizations located in New Jersey, North Carolina, Tennessee, and New York. Sofras has been the recipient of six North Carolina Arts Council grant awards to study the choreographic processes of five separate choreographers as they created work for North Carolina Dance Theatre, a professional dance company. The processes were documented and translated into curriculum materials for teachers and for university classes. A charter member of the National Dance Education Organization (NDEO), Sofras is also a member of the education committee of the North Carolina Dance Theater and a site evaluator for the North Carolina Arts Council grant activities. She has received numerous awards for her contributions to the field of dance education, including the NDEO's Vision Award, the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) College/University Educator of the Year, and the North Carolina Dance Alliance Award. In addition, she received the UNC Service Award in 2002 for her sustained service to public schools. Sofras regularly presents professional development workshops in dance pedagogy for teaching artists and teachers working in public and private school settings.

A great resources for anyone looking to either refresh how they teach dance or looking for

reminders on how to create dance. Such a great book! Easy to follow and easy to build your curriculum from. Where was this when I was in college??? Love it!

The product arrived as specified and shipped within the agreed time.

Great book for dancers

This is a wonderful guided text. It's exactly what I needed to learn the basics of choreography.

This book is awesome for those who start dance composition, it gives good explanation and the samples on the video are worth watching several times. I highly recommend this book.

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